St Michael's Primary School
Newsletter
3-5 Chapel Lane,
Baulkham Hills
Tel: 98651600 Fax: 98651699

## Term 2 Week 8

Thursday 21 June 2018

## From the Principal

## Dear Parents



## "Tell Them From $\mathcal{M e " ~ P a r t n e r s ~ i n ~ C e a r n i n g ~ s u r v e y ~}$

Thank you to the 144 parents who responded to the "Tell them from me" partners in learning survey. The survey looked at seven areas:

- Parents feel welcome
- Parents are informed
- Inclusive school
- Safety at school
- Parents support learning at home - School supports learning - School supports positive behaviour


## The two areas where the school scored well above other schools in the Diocese were safety at school and school supports positive <br> behaviours.

There were also 104 written responses which will assist us in developing our action plan for any improvements needed in the school.

Here is a sample of the things that parents like about St Michael's:

- Community spirit
- Teachers are friendly, approachable, dedicated and caring.
- The Kindergarten enrolment process at the school is well run.
- Mother's Day breakfast
- Technology is up to date
- Great support for students who need extra help with their learning.
- Clear expectations
- Zero stance on bullying
- The school's focus on building the children's understanding of their Catholic faith.
$\mathcal{P \& \mathcal { F }}$ Fundraising
We have been very fortunate to have the tremendous support from our P\&F who, as you know, gave us a cheque for $\$ 25,000$ for last year's fundraising.
We have purchased 76 Chrome books. In total we now have 160 Chrome books across the school from Kindergarten to Year 6.
At St Michael's any money fundraised by the P\&F has always gone to the purchasing of reading resources or technology. This money has never been used for the building program or refurbishment of the school.


## Bullying Behaviour

For behaviour to be "bullying" it must be intentional, repetitive and potentially harmful. Accidently hurting someone is not bullying. Not liking your friend's new haircut is not bullying. Having a disagreement, or not wanting to play with someone aren't bullying. But this level of nuance can be difficult for children to understand.
To help children identify bullying, Dana Kerford (a Canadian friendship skills expert and founder of URSTRONG), suggests calling it "mean-onpurpose behaviour". Anyone can understand what that means and can easily spot it. The other problem with the term "bullying" is that it is stigmatising.
Dana Kerford says, "I absolutely do not believe that a little child who's learning these skills should be labelled a 'bully'. They just haven't learned to manage those really big feelings and emotions that they have inside in a healthy way yet." She suggests we should focus on teaching children practical skills-based strategies for how to manage and stand up to mean-on-purpose behaviour. We, of course, never use our hands or feet to solve a problem.
Kerford says when children start standing up to such behaviour they are not only learning to treat themselves with respect but they also deter the children who are being mean-on-purpose from doing it again. It's never okay to be mean-on-purpose.
Self-governance starts to happen in schools when children can effectively resolve their own conflicts, make good choices around who they're playing with, stand up to mean-on-purpose behaviour and seek out the support of a teacher or parent. Then we will have a culture of harmony, kindness and respect.
"God of calm and peace, you provide what we need before we even ask. Remove any anxiety and fear from our lives that keep us from you. We place our complete trust in you now and always as we pray through Christ our Lord. Amen"

## Religious Education

## Sacrament of Confirmation

## Session 4 Parents / Children:

- Tuesday 26 June 7.30 pm or Wednesday 27 June 7.30 pm (including rehearsal)
- Celebration of Confirmation Masses 7.00 pm Monday 2 July, Tuesday 3 July, Wednesday 4 July


## Sacrament of Eucharist

For children eight-nine years of age or older who have received the sacrament of Penance.

## Parents' Information Evening and Registration for Eucharist

- Monday 13 August or Tuesday 14 August 7.30 pm in the Church


## Enrolment Masses-Weekend 25 \& 26 August

- Saturday Vigil 5.30 pm; Sunday $8 \mathrm{am}, 10 \mathrm{am}$ and 6 pm


## Session 1 Parents only

- Tuesday 4 September 7.30 pm or Wednesday 5 September 7.30 pm


## Session 2 Parents / Children

- Tuesday 11 September 7.30 pm or Wednesday 12 September 7.30 pm


## Session 3 Parents only I Children

- Tuesday 18 September 7.30 pm or Wednesday 19 September 7.30 pm


## Session 4 Parents only I Children

- Tuesday 25 September 7.30 pm or Wednesday 26 September 7.30 pm


## Session 5 Rehearsal

- Tuesday 16 October 7.30 pm or Wednesday 17 October 7.30 pm


## Celebration of Sacrament of Eucharist

Any of the Parish Masses on weekend of 20 and 21 October or Friday 19 October 7.30 pm, Sunday 21 October 12 noon and 2.30 pm .

Attendance at weekend masses is expected throughout the whole programme.
All enquiries, please contact the Parish office on 96390598.

## Sports Uniform

As of 2019 the children will be expected to purchase the new sports uniform.
The old sports jacket and navy tracksuit will no longer be sold - including at 2nd hand uniform sales.

## Bibles

The Bibles for Years 3-6 are now in stock and can be purchased from Ozfashions, our uniform supplier.

## Social Skills and Mantras Program.

## Week 9: Telling an interesting story

- Tell the right story to the right person and keep it brief.

Week 10: Having an interesting conversation

- Take turns and talk about something you are both interested in.


## Prayers

Please keep in your prayers Gabriella Corrao (1Y Green) and her family on the passing of her maternal grandfather.

Eternal rest grant to him Lord. Let Your perpetual
 light shine upon him. May he rest in peace.

## 2019 Enrolments

We are currently conducting interviews and offering positions to new and existing families who have submitted an enrolment application for Kindergarten 2019.
If you are a current family at the school and have another child going into Kindergarten 2019, please ensure that you submit your application this term so that we can organise an interview.

For further enquiries, please contact the school office on 98651600.

## Schoolfees

Thank you to our families who have already paid their school fees. The second instalment of school fees was due on 6 June. Reminder letters were posted on 13 June.

All enquiries, please contact Rasha Azar, Finance Officer, on 98651600 or via email


## WEEK 8

Wed 20 Jun Yr 6 Sacrament of Reconciliation

| Fri 22 Jun | School Assembly 8.50 am—Prayer K Green |
| :--- | :--- |
|  | Yr 3 Non-Eucharistic Liturgy 10.15 am |

## WEEK 9

Wed 27 Jun Yr 6 Excursion-"Rainbow Vomit" Riverside

| Fri 29 Jun | School Assembly 8.50 am —Prayer 6 Yellow |
| :--- | :--- |
|  | Yr 4 Liturgy 10.15 am |

## WEEK 10

Mon 2 Jul K-6 Incursion-Boori Monty Pryor
Wed 4 Jul Yr 1 Excursion-"Yo Diddle Diddle" Riverside Yr 3 Sacrament of Reconciliation

| Thu 5 Jul | Students \& Citizens of the Term Awards 2.30 pm <br> School Hall |
| :--- | :--- |
| Fri 6 Jul | P\&F Winter "Be Yourself" Mufti Day |
|  | School Assembly 8.50 am—Prayer 5 Yellow <br>  <br>  <br>  <br>  <br> Yr 6 debating |


| School Holidays 7-22 July |
| :---: |
| TERM 3-WEEK 1 |


| Mon 23 Jul | Staff and students return |
| :--- | :--- |
| Thu 26 Jul | Feast of St Anne and St Joachim <br> Grandparents' Day Mass 10.15 am |


| Fri 27 Jul $\quad$ Staff Development Day—Pupil free |
| :---: |
| WEEK 2 |


| Tue 31 Jul | Yr 2 Excursion Rouse Hill House \& Farm |
| :--- | :--- |
|  | ICAS English Competition |


| Fri 3 Aug | School Census Day <br> School Assembly 8.50 am |
| :--- | :--- |

Events, including representative sport are regularly added to the school's calendar on our website:
http://www.stmichaelsbhills.catholic.edu.au/calendar-of-events

| International Competitions and Assessments for |  |
| :---: | :---: |
| Schools (ICAS) |  |

## School Terms-2018

Term 2—Monday 30 April to Friday 6 July 2018
Term 3—Monday 23 July to Friday 28 September 2018

Term 4—Monday 15 October to Friday 21 December 2018

- $\quad$ Students finish Wednesday 19 December 2018


## Staff Development Day

Term 3 Week 1—Friday 27 July is a Religious Education professional learning day for the staff and the school will be closed.

There is no supervision for children on this day. Please organise alternative care arrangements on this day.

## School phone number-9865 1600

Please ensure that you have updated the school's new phone into your mobile phone contacts so that if we ring your number, you will know that it is the school calling.

## Canteen-Forgotten Lunch orders

We have been inundated with requests for children to be provided with recess/lunch when it has been forgotten. As the canteen has lost a considerable amount of money, the procedure in future will be as follows:

- If your child forgets their recess / lunch you will be contacted to see if you can bring their recess / lunch to school.
- If you are unable to provide food, the school will provide your child with a piece of fruit for recess and/or a cheese or vegemite sandwich for lunch.
- A note will also be sent home with the amount owing to be returned to the school office .

Please send all current outstanding money owed to the Canteen in via the school office as soon as possible.
Thank you for your support and understanding.

## School Photos

The Miscellaneous Group Photos (Junior Band, Performance Choir, Senior Band, Student Leaders and Student Leaders - Funny) are available online for any parents who would like to purchase them.

The Year 6 photo is also available for purchase for those parents who would like a print of the Year 6 photo in addition to the photo they will receive in the Year 6 Graduation Booklet at the end of the year.

To order photos please visit the photographer's website: www.leadingimage.com.au.

- On the home page please click on the tab Order Your School Photos,
- Enter the Shoot Key: 6U47E5AH and your email address.

Photos are $\$ 15.00$ each and will not incur a postage and handling fee.

All orders will be sent to parents postal addresses and not to the school.

If parents have any questions regarding their photo order please forward them on to us. The parent hotline number is 1800750586.

Assembly Awards
Students of the Week-Week 6

| KQ BLUE | James Muccino |
| :--- | :--- |
| KvG GREEN | Ashton Sebastian |
| KR RED | Isaac Hopkins |
| KRT YELLOW | Trisha Ghimire |
| 1HS BLUE | Chloe Harkin |
| 1Y GREEN | Monai Ghetto-Tarantolo |
| 1G RED | Charlie Tindale |
| 1F YELLOW | Evie Du Maur-Howe |
| 2K BLUE | Connor Carter |
| 2J GREEN | Giselle Khouri |
| 2P RED | Ryan Pangalos |
| 2L YELLOW | Cooper Mostyn |
| 3B BLUE | Skye Davey |
| 3H GREEN | Charlotte Ursino |
| 3C RED | Madeleine Nolan |
| 3OC YELLOW | Stella Reidy |
| 4BM BLUE | Julia Worsley |
| 4G GREEN | Jack Webb |
| 4P RED | Grace Heylbut |
| 4I YELLOW | Sarah Burke |
| 5K BLUE | Anamaria Simic |
| 5S GREEN | Riley Miller |
| 5M RED | Dominic Daher |
| 5OD YELLOW | Levi Morrison |
| 6F BLUE | Scarlett Jackson |
| 6B GREEN | Joshua Agnas |
| 6R RED | Lucas Faulkner |
| 6M YELLOW | Rylee Robinson |

Students of the Week-Week. 7 KvG GREEN KR RED KRT YELLOW 1HS BLUE 1Y GREEN 1G RED 1 F YELLOW 2K BLUE 2J GREEN 2P RED 2L YELLOW 3B BLUE 3H GREEN
3C RED
30C YELLOW
4BM BLUE
4G GREEN 4 P RED
41 YELLOW
5K BLUE
5S GREEN
5M RED
5OD YELLOW
6F BLUE
6B GREEN 6R RED
6M YELLOW

Ally Eleter Mariah Youssef Sebastian Urs James Coote Marc-Felipe Lewis Therese Menezes Khloe Clifford Hannah Maait Bianca D'Souza Logan Orley Elahni Eleter Zachary Doric Dominic Lawrence Charles Magdic Matthew Saaib Nicholas Scollard Viridiana Juarez Mendoza Cooper Mostyn Owen Nada Mia-Angel Skaf Samuel Tait Alyssa Durantini Brianna Tinney Charlize Murray Lucas Pittas Jinu Jang Lucas Teng


Last week, Year 5 launched our PBL Project "Space Colonisation - A new beginning!"

The driving question for our project is "How can we, as astronautical engineers, design and create a space technology prototype, that can be used to successfully colonise another part of the Solar System?"

Our entry event 'week' included two major events; a black-out "see, think, wonder" thinking routine involving space technology and a visit to the school by Australia's first astronaut, Dr Paul Scully-Power.

The blackout involved the children exploring different images and displays of space technology, using torches in a darkened space, and reflecting on what they could see, what it made them think and what questions they had.

The visit from Dr Paul Scully-Power gave them the opportunity to ask someone who had been in space about all their wonderings. Their questioning was amazing!

What a great way to kick off our PBL unit! We even made the local paper. The children were so excited and can now say they have met a real-life astronaut!

We would like to say a big thank you to the Urquhart family for helping to organise the visit and to Dr Paul Scully-Power for giving so generously of his time to answer our multitude of questions!

Year 5 team


Congratulations to the following children who will represent St Michael's at the Zone Athletics Carnival.

| Boys $\mathbf{- 1 0 0} \mathbf{m}$ |  |  | Relay | $\mathbf{2 0 0} \mathbf{m}$ | $\mathbf{8 0 0} \mathbf{m}$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{8}$ | James Mostyn, Tay Ormandy | Jnr | Jack Loveridge <br> Max Lewis <br> William Hopkins | Joey Vella | Owen Bellomo |
| $\mathbf{9}$ | Max Lewis, Jackson Ward | $\mathbf{1 1}$ |  | Riley Nolan <br> Kai Ormandy | Riley Nolan <br> Kai Ormandy |
| $\mathbf{1 0}$ | Jack Loveridge | $\mathbf{1 2}$ | Cooper Hume <br> Cristian Mohole <br> Riley Nolan <br> Charlie Rhodes | Luke Alderson <br> Charlie Rhodes | Luke Alderson <br> Cooper Hume |
| $\mathbf{1 1}$ | Riley Nolan, Kai Ormandy |  |  |  |  |
| $\mathbf{1 2}$ | Cooper Hume, Charlie Rhodes |  |  |  |  |


|  | Long Jump | Shot Put | Discus |
| :--- | :--- | :--- | :--- |
| Jnr | Owen Bellomo | Xavier Saffy, Thomas Schneider | Xavier Saffy, Thomas Schneider |
| $\mathbf{1 1}$ | Riley Nolan, Declan Reidy | Raymond Maikhael, Riley Nolan |  |
| $\mathbf{1 2}$ | Luke Alderson, Cornelis Rawlinson | Sebastian Charon, Cornelis Rawlinson | Cornelis Rawlinson |


| Girls $\mathbf{- 1 0 0 m}$ |  |  | Relay | $\mathbf{2 0 0} \mathbf{m}$ | $\mathbf{8 0 0} \mathbf{m}$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| $\mathbf{8}$ | Madison Gutierrez, Emelia Muccino | $\mathbf{J n r}$ | Madison Anezis <br> Abbey Cassar <br> Jade Ehrlich <br> Isabelle Stevens | Abbey Cassar <br> Lauren Nada | Lauren Nada <br> Madeleine Nolan |
| $\mathbf{9}$ | Georgia Goodchild, Isabelle Stevens |  | $\mathbf{1 1}$ |  | Mikayla Eltenn <br> Elizabeth Harvie |
| $\mathbf{1 0}$ | Abbey Cassar, Jade Ehrlich | Mikayla Eltenn <br> Elizabeth Harvie |  |  |  |
| $\mathbf{1 1}$ | Georgia Knight, Keira Mirosevic | $\mathbf{1 2}$ | Scarlett Jackson <br> Angelina McLean <br> Keira Mirosevic <br> Rylee Robinson | Scarlett Jackson <br> Angelina McLean | Scarlett Jackson <br> Ashley Jay |
| $\mathbf{1 2}$ | Angelina McLean, Rylee Robinson |  |  |  |  |


|  | Long Jump | Shot Put |
| :--- | :--- | :--- |
| Jnr | Madison Anezis, Madeleine Nolan | Elle-Marie Ghetto-Tarantolo, Breannah Stevens |
| $\mathbf{1 1}$ | Elizabeth Paton | Tayla Harris, Amelia Vella |
| $\mathbf{1 2}$ | Angelina McLean | Ashley Jay, Kaitlyn Nada |

## Bringing Items to School

We request that your children do not bring in breakable, sentimental, valuable or expensive items to school to play with during recess and lunch.

From time to time items get lost or broken which can leave children distraught. It is a child's responsibility to look after items brought to school.
All soccer balls, netballs, basketballs etc MUST be carried to and from school in a bag (either school bag or other bag) for safety reasons and should be labelled with the child's name. They should not be played with before and after school.

## Medication

If it is necessary for your child to take medication during the school day, the medication together with a medication note needs to be left at the office on the child's arrival at school.

## For safety reasons, medication is not to be self-administered.

No child is allowed to have medication in their school bags or take medication without the supervision of school staff.
If possible, it is preferable for a medication form from the office to be completed. This is available on our website or from the school office. The Office Staff will assist children in taking their medication.
The medication note needs to include the following information:

- Child's name and class
- Doctor who has prescribed the medication
- Medication name, dosage and time of dosage

For further information, please contact the school office on 98651600.

The excursion to Canberra is the highlight of the year for all students on the grade. This year was no different. Everyone was upbeat for the journey and the busy schedule for the two days. The presenters at the various venues were passionate about their area of expertise and the students were given a sound feedback on their learning of Government.
The trip was a very successful and a great learning opportunity for the students. Please read on for the students' reflections. Mr Francis

## Journey to Canberra

Ready to leave for Canberra at 6.30 am on Thursday 7th June 2018, everyone in Year 6 was at school. At 7.00 am we went on the bus. For the first hour or two we were talking about what it would be like in Canberra. We stopped two hours in for recess and a toilet break. After that we went back on the bus and continued driving to Canberra. When we were close to Canberra we saw kangaroos and eagles. There was also this really bad smell before entering Canberra. Stephanie


## Parliament House

On Friday 8th June we visited Parliament House. When we arrived we went through a security check. When we went into the House of Representatives and the Senate we learnt about the features of the two chambers. We also saw paintings of the previous Prime Ministers, Kevin Rudd's and Julia Gillard's paintings are not on the wall because Kevin Rudd is refusing to let them paint his picture. Elizabeth

## National Museum of Australia

Firstly, we came into a hall to see a PowerPoint about Prime Ministers. Then we split into two groups to look around. We saw 'Chris the Sheep’ who set a world record for the heaviest wool sheared in one go. We also saw how rabbits populated, then were hunted down in Australia. There was a huge shovel used for mining in the time of the Eureka Stockade. It was so large that around 27 students could fit inside. Finally, we reached the gift shop! There was so many things to choose from and all items were made in Australia. The NMA was fantastic with lots of stuff to see and learn about. Hannah

## Breakfast

In the morning after we woke up we went down to the dining area at the AIS. At the dining area, there was a buffet which had a variety of food that we could choose from. There was ham, salami, spaghetti, fruits, cereals, omelette and toast. We could also have a nice hot chocolate with it. We had different tables where all the students and teachers could sit. John

## AIS room allocations

On Thursday night, we arrived at the AIS where we were going to sleep that night. We got our swipe cards and got told what room and block we were in. Your swipe card would get you into your block and your room. There were about twelve rooms in each block. The only other people that could get into my room was my roommate and the teacher on my block. We had to watch a video about what to do if we lost our card or if it didn't work. We then went off to dinner. William

## Museum of Australian Democracy (Old Parliament House)

On Thursday 7th June Year 6 went to the Museum of Australian Democracy in Canberra which is a tour inside Old Parliament House. Firstly, we went into a room where we learnt about democracy. The word democracy comes from a Greek word "demos-kratos". Demos means people and kratos means rule. So democracy means people rules. Then we put on white gloves to protect the furniture and went into the old library. In the library there was a big interactive game were you had to answer questions about democracy and government. After that we got to go and sit in the Old House of Representatives where there was a little role play. It was so cool seeing Old Parliament House. Scarlett

## Australian War Memorial

Our second venue of our amazing Canberra trip. It is full of the most fascinating objects and information. Most of the objects in the memorial are the actual objects from many different wars which was one of the most exciting parts. There were also models made out of
 papier-mâché to briefly show us what the war was like. To make it even more real, it was full of surround sound e.g. gunshots, yelling, etc. We started with a short video about the memorial. We then had a guided tour from a staff member who led us around the memorial showing us weapons, the wall of honour with many thousands of names of fallen soldiers, the unknown soldiers grave, and many more things. Afterward, our group's teacher led us to some other things, like helicopters, planes and more weapons. It was a great experience with mixed emotions. Aidan

## Australian Institute of Sport Sportex

Friday 8th June Year 6 went to Sportex at the Australian Institute of Sport. It was a lot of fun. We had many activities to do there. My favourite activity was kicking the ball at a non-breakable screen; once the ball hits the screen it counts how many kilometres per hour your kick was and how hard you hit it. I also enjoyed wheelchair racing, cycling, rock climbing and much more. All the athletes there were very passionate about what they did. Our tour guide was a runner that trained every day at the Australian Institute of Sport. She showed us many facilities but the Sportex centre was my favourite. Sportex was a great experience and I would love to go again. Over all the Australian Institute was a great experience, everyone enjoyed themselves and so did I. Ashley

## National Electoral Education Centre

Our first night in Canberra. We went to Old Parliament House to learn about voting, elections and things you needed to do before a vote. First, we watched a video with holograms that spoke about the history of voting. In the first election, you could only vote if you were male, you were rich and owned land. It showed how things have changed and in today's elections we have to be over 18, (but you could enroll when you were 16) enrolled and an Australian citizen. Then we went into the D-Zone which was really extraordinary. There were about six or seven stations where we all got a booklet and completed our mini games. There were some crosswords, a rulebook and even a computer where you could look up your parents' names. Then we went into our very own vote. It was between apples, peaches, bananas and oranges. Apples immediately won because they got more votes and were the majority. We still went to preferential votes and I learned heaps about voting. It was a great experience. Cooper

## Parliament House

Are we really going to Parliament House?! It would be an honour to step on the ground which politicians walked on, and when I went into the building, it was well -cleaned and safely secured, especially for finding metal. In Parliament House, we had a guided tour to the House of Representatives, and we also got to see the paintings from the Hall of Honour on the way to the Senate. Raphael

## AIS tour

On the 8th June Year 6 was lucky enough to have a tour of the Australian Institute of Sport! When we arrived, we saw the original hall were the AIS started. After seeing that we went to the gymnasium were Olympic gymnasts train. There was a side for the men and a side for women in the gym. Next, we went to the gym were all athletes workout. Another place we went is the volleyball court which had a special floor. The last place we went was the swimming pool which was fun. Olivia

## Breakfast

An early start at 7.30 am with poached eggs, baked beans, a hot chocolate and the news. We were ready for a big day ahead. The breakfast was great and I wished we could stay for more. We were visiting the Museum of Australia, Parliament House and The Australian Institute of Sport. Then we were on our road trip back to St Michael's. Declan

## Australian Institute of Sport

I can't wait to go AIS Australian Institute of Sport where there are a lot of sports to do like swimming, volleyball and other sports. I can't wait for Sportex. When we went to Sportex there was a lot of sport like AFL, rugby and soccer but there were many more sports that we can play. The sport that I loved the most is AFL and the rugby game. We had to kick the ball in the goal. We only had 3 tries to kick the ball through the posts. I love to play that because I kicked the ball in the goal a lot of times. It was so fun playing games in Sportex I wish I was there again. Raymond

## Australian Institute of Sport Dinner

At the Australian Institute of Sports, we were divided into two groups for dinner: Bus 1 had their dinner first, then Buses $2 \& 3$ ate afterwards. The main food was wraps and on it you can put the meat or vegetables of your choice. Some of the hot food was chilli, chicken, crushed meat mix, etc. some of the cold food was Mexican salad, greek salad, corn, beetroot, etc. there was also a wide selection of drinks including Lemonade cordial, raspberry cordial, apple cordial, orange cordial and water. Katherine

## Sleeping

After dinner, we went back to our rooms and some people talked while others watched TV or ate lollies. At around 10.30pm people started to sleep; others we're still watching TV and talking. When most people went to sleep there were people making lots of noise opening and closing the doors. Finally, when everyone went to sleep we were quiet. We had to get up early so we did not get much sleep. Josh

## Australian Institute of Sport Room Allocations

We arrived at the AIS from the Old Parliament House. The people from Bus 2 and Bus 3 sat down in a room and watched a short video on the rules about the AIS. After that the teachers handed out our key card so we could open our doors and go inside our little room. The blocks were levels with 3 rooms on each level. There were 12 rooms in the block. The block was kind of like an apartment. After that we went to have our delicious dinner. Kayla

## The Australian War Memorial

On our Canberra trip, we went to many places. One of them was the Australian War Memorial. The first thing we saw was a historic dog that had a great story behind it, it was on a look out for bombs. After that we saw the wall of honour with the names of soldiers who fought in war for our country. Then we went to the dome of the unknown soldier which was a very special place. That was all of the conducted tour, but after that went to look at other exhibits with Mrs Lee that we didn't see on the conducted tour. We saw helicopters and badges. The War Memorial is a place to remember. Charlize

## AIS Dinner

Dinner was great, in fact one of the best I and many others have had in a long time. I had a sweet chilli chicken in a tortilla with cheese and salad. I thought it was amazing and I saw nearly everyone that was having dinner with us had a tortilla. It was 100\% a favourite. Going down with my dinner I had a tasty cordial that tasted like a soft drink. I could see that was a favourite too. Overall dinner was a great meal to end the day on. Shae


OPH: National Electoral Education Centre
After we visited the Australian War Memorial we went to the National Electoral Education Centre which is in the Old Parliament House. Firstly, we were instructed by a worker to watch a 13 minute video clip about the History of Australia's Voting System. We then went to a place next door called 'D Zone' which is activities based on Australia's voting system. The activities were fun and informative. Lastly, we then went to another room where we got to have our own vote. We had to give each fruit a rating. It was either a Peach, Orange, Banana or Apple. The Apples got the most votes. It was an informative activity on how to vote and how it is run by volunteers. In conclusion, the event was very informative and fun. It was a big day. Thomas

## OPH: National Electoral Education Centre

The National Electoral Education Centre looked like such an interesting place when we first walked in. We started by watching a video about history on having the right to vote in Australia. To have the right to vote now you need three things: to be a citizen, enrolled and be 18 years old. After that video we went to a place called the D-Zone. In this place, we had to solve problems about voting. Finally, we had our own vote about fruit and apple had the most votes for the best fruit. I personally voted as apple for the best fruit. The National Electoral Education Centre was a great experience and was a very fun place to go to in Canberra. Alex

## The National Museum of Australia

When we first walked into the museum we sat down in the auditorium and watched a slideshow on a man who mapped his way around Australia. Next we went on a tour
 around and saw 41 kg of wool that came from one sheep named Chris. He broke a world record for the most amount of wool from a sheep. Then we passed a mining tractor that we were able to sit in. We walked past a racing horse's heart, the heart came from Phar Lap. Then we saw a rock that appeared to be an ancient Aboriginal drawing rock. Emily

## AIS Sportex

This was an extremely fun place. At the AIS, we went to a place called the Sportex. There were a number of different simulators to do, with all different types of sport, like football, soccer, cycling and much more. My favourite simulator was the one where you kick a football on a screen where it shows a football field, with football posts. You kick the football on the screen, trying to get the part where the football posts are. You get three goes, and if you get it between the posts, it came up saying goal. Bailey

## Sleeping at the AIS

Lachlan and I went to bed at 10.30 pm because we talked about who will stay up the longest. It was fun at night because Lachie brought torches so we could see in the dark and we kept on opening the doors because the other room next to ours kept on knocking on the door. We woke up because they knocked on the door. We both had a good sleep. Samuel

## Australian Institute Sport Guided Tour

Our last stop in Canberra was the Australian Institute Sport. We were given a guided tour around the place and we got to see the facilities where the athletes trained. First, we went to the swimming pool. Did you know that the swimming pool cost $\$ 17.5$ million? The pool had many features that help the swimmers improve their technique. Next, we saw the volleyball courts. The courts have special flooring that are better for an athlete's body than just regular concrete. The flooring was given to the AIS after being used at the 2000 Summer Olympics. Finally, we went to the gymnasium. The gymnasts train up to 35 hours a week! On one side of the gym there are the female apparatus and on the other there are the male apparatus. Overall, I thought the tour was very interesting and I learned a lot from it. Amy

## Museum Of Australian Democracy (Old Parliament House)

We were given a tour around Old Parliament House then did an interactive session on Prime Ministers for 20 minutes on touch screens. We had to wear gloves so that the oils on our skin didn't damage the artifacts on display. We went into the former House of Representatives. We got to see the mace. It is made out of silver and dipped in gold. It had the British crown on it. We also got to see the original speaker's chair that came from England when Old Parliament House opened. The chair was a gift from the Queen. The chair had the British crown and the British coat of arms. The British coat of arms had a lion and a unicorn and was at the front of the chair. When we were in the former House of Representatives the dark green color represented the grass of Australia. Sadly, we didn't get to see the former Senate in Old Parliament House. Cristian

## Breakfast

At 7.30 am Mrs Mifsud's block and Mr Francis' block went to breakfast. When we arrived we all had to sanitise our hands, so we wouldn't spread germs. I sat next to Keira and Ashley. I had an omelette, spaghetti, pancakes and a warm, hot chocolate. We got to watch Rugby League on the TV. When we had finished breakfast, we went to Parliament House. Kitwarla

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Please pop into an envelope marked P\&F Helpers and drop into the office.
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## Calendar of Events

## TERM 2

Friday 6th July: Winter "Be Yourself" Mufti Day.

## TERM 3

Thursday 26th July: Grandparents Day. Wednesday 29th August: P\&F General Meeting. Friday 24th August: Father's Day Gift Stall. Friday 31st August: Father’s Day BBQ Breakfast \& JERSEY DAY Saturday 15th September: Trivia Night.

## TERM 4

Wednesday 7th November: P\&F General Meeting. Friday 23rd November: School Family Disco. Wednesday 12th December: P\&F AGM.


## Save the Date!

 Saturday 15th September 2018!

## 5 <br> Find us on: <br> facebook.

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# Father's Day 

 BBQ Breakiast Fríday 31st August 2018

## Helpers Needed

Yes, it's coming soon! This event has become a well attended and special morning that coincides with "Jersey Day". Last year we served 600 bacon and eggs sandwiches. With so many attending, we need helpers. We are seeking commitments now from helpers. We need quite a few actually in order to run this event, otherwise sadly, we cannot go ahead with the breakfast. Thank you for your support.

Helping at the BBQ breakfast is hectic and fun. We have the below shifts for your consideration. Select the times where you are able to assist \& return to the office. A P\&F member will be in touch closer to the time. $\square$ 6.30am -7.30am Set Up 7.30am -8.45am Cooking \& Service 8.45am -9.30am Clean Up

My Name: $\qquad$ Mobile: $\qquad$


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